

# K-12 Guidance Standards

The Guidance Department of St. Joseph Catholic Academy sees each student as a unique individual gifted with special talents. It is the mission of the counselors to assist students in discovering themselves, understanding their relationships with others, and achieving their potential. Students are provided with the necessary resources to develop decision-making skills with regard to their own learning, personal/social and career developmental needs.

## **KINDERGARTEN**

Identify feelings and emotions • Learn about Stranger Safety • Identify ways to make friends and keep them • Show many ways of appreciation and being thankful

## **FIRST GRADE**

Recognize feelings and emotions and ways to support self-esteem • Recognize the harm of bullying and what to do about it • Recognize the harm of tattling and what to do about it • Show many ways of appreciation and being thankful

## **SECOND GRADE**

Identify diversity of life as a gift and benefit to us from God • Recognize the forces of peer pressure, its possible harm and what to do about it • Demonstrate active listening skills in different kinds of social settings • Show many ways of appreciation and being thankful

## **THIRD GRADE**

Identify attitudes and behaviors of bullying and what to do about it • Demonstrate skills to bring about peaceful conflict resolution • Demonstrate efficient study skills and habits of daily practice • Show many ways of appreciation and being thankful

## **FOURTH GRADE**

Identify and apply Catholic moral values (Lancer Values) in relationships (e.g., with family, friends, and in the larger community) • Recognize and identify the detrimental effects of alcohol, tobacco and other drugs • Demonstrate a plan for effective and efficient decision making • Define bullying and harassment and recognize when it occurs and what to do about it • Examine and use strategies for effective anger management

## **FIFTH GRADE**

Identify and apply Catholic moral values (Lancer Values) in relationships (e.g., with family, friends, and in the larger community) • Demonstrate a plan for effective and efficient decision-making • Recognize the challenge of transitions and what to do to prepare for them • Examine and use skills for effective conflict resolution • Identify strategies for effective goal setting and accomplishment • Value and develop habits of best effort as a part of Academic Preparation

## **MIDDLE SCHOOL and HIGH SCHOOL**

Guidance Counselors will:

- Provide the tools necessary for students to understand their own physical, emotional, and intellectual development and how this development may affect relationships, future planning, and goal attainment
  - Provide a link with resources in the community to address issues of wellness, prevention, career development, and crisis intervention needs
  - Provide tools to assist students in developing a value system, and an awareness of their own responsibility in decision-making, as well as the consequences involved in this process;
  - Provide assistance to students in understanding the school curriculum, and the impact course selection will have on future plans
  - Provide post high school information for college bound students regarding colleges, universities, vocational/technical schools, scholarships, financial aid, and required tests, as well as for students choosing to enter the world of work, or the military
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